



INTRODUCTION

Maintaining professional boundaries helps create a safe, respectful, and positive environment for children and vulnerable adults. Everyone involved in sport and activities has a responsibility to behave appropriately and ethically.



WHY PROFESSIONAL BOUNDARIES MATTER

- Protect children and vulnerable adults
- Build trust and respect
- Prevent misunderstandings
- Promote professionalism
- Reduce safeguarding risks

PROFESSIONAL BEHAVIOUR

- Treat everyone with dignity and respect.
- Be a positive role model.
- Use appropriate language and behaviour.
- Maintain clear professional relationships.
- Follow organisational policies and procedures.



APPROPRIATE CONDUCT

- Communicate openly and respectfully.
- Maintain transparency with parents and guardians.
- Ensure activities take place in observable environments.
- Report concerns immediately.



INAPPROPRIATE CONDUCT

- Favouritism or special treatment.
- Inappropriate physical contact.
- Private or secret communications.
- Bullying, intimidation, or harassment.
- Sharing inappropriate content online.



SOCIAL MEDIA AND DIGITAL COMMUNICATION

- Use approved communication channels.
- Maintain professional boundaries online.
- Never request secrecy from a child.
- Report any concerning online interactions.



KEY MESSAGE



Professional boundaries protect both participants and those responsible for their care.

Clear boundaries help prevent harm, build trust and create a safe and positive environment for everyone.

LEARNING OUTCOMES



By the end of this section learners will be able to:

- Understand professional boundaries.
- Identify appropriate and inappropriate behaviour.
- Apply a safeguarding code of conduct.
- Maintain safe professional relationships.



Safeguarding is everyone's responsibility. Together we can create safe environments for all children and vulnerable adults.



REMEMBER

RESPECT • RESPONSIBILITY • PROFESSIONALISM • PROTECTION

